



Please use this list as a guideline for your packing, it is not definitive, but may help you ensure that you haven't left anything important out ... if in doubt about whether your clothing, sleeping bag, etc are appropriate for Drakensberg Hiking conditions, or about whether you will really need any of the items on this list at the time of year you will be hiking, please e-mail us: ian@drakensberghiker.co.za. You can also check our website: www.drakensberghiker.co.za for additional information.

Drakensberg Hiker, Suggested Packing List	
<i>Clothing:</i>	
Fleece jacket	
Fleece pants	
Full shell gear (jacket & pants)	
Headgear (either a beanie or a buff)	
Hiking socks (you will be walking for many hours every day, so look after your feet!)	
Pants	
Shirts	
Sunglasses and hat, remember the sunscreen, at least SP30 or SP50 if you are very fair!	
T-shirts	
Thermal gear	
Underwear	
Waterproof & thermal gloves, and liners	
<i>Sleeping gear – we do arrange for the hire of some of this equipment, please contact us to enquire!</i>	
Sleeping bag (rated to -8 celsius should be sufficient, but it does get to -20 celsius sometimes), you may want to bring a sleeping bag liner	
Sleeping mat	
<i>Other – we do arrange for the hire of some of this equipment, please contact us to enquire!</i>	
Cutlery	
Drinking system or water bottle	
Drinks other than water, tea or coffee	
Headlamp with spare batteries	
Personal medications, especially chronic medications, other than those covered by a 'normal' first aid kit	
Snacks you may want to consume between main meals	
Trekking poles	